

# DIRECTORY LISTING

## SABAH HERBS

Reflexology Centre Sdn Bhd

Lot 4, 1st Floor, Wring Danda, Jalan Dama Luyang, 88300 Kota Kinabalu, Sabah

**Services:**  
 - Reflexology  
 - Reflexology Massage  
 - Reflexology  
 - Outdoor Services from RM10 above, call for Appointment  
 - Wait-in customer get special offer rates

**Business hours**  
 In-House: 11:30am - 11:00pm  
 Door to door: 11:30am - 1:30am  
 Contact: 088 228 262 / 016 8481605

## MOUNTAIN TRAILS TOURS & TRAVEL

3D 78918 KPL 5110

**SPECIAL DISCOUNT FOR EACH TOUR!!**

- Mount Kinabalu climbing
- Kinabatangan river
- Seligor Turtle Island
- Danau Velor Field Centre
- White Water Rafting
- Snake Diving: Spadar, Mabat, Kapal & Malaking
- Other tours & destination

NO. 441, 4TH FLOOR, WING DANDA, JALAN DAMA LUYANG 88300 KOTA KINABALU, SABAH  
 8882 8076 KINABALU, SABAH MALAYSIA  
 PHONE: +6 088-228262  
 FAX: +6 088-244590  
 WEBSITE: www.mounttrails.com

## Central Hotel Sandakan

Clean, comfortable and affordable Central Hotel Sandakan is a budget hotel offering 45 standard, double and family rooms with air conditioning & hot water showers. We are located in the centre of town, near banks, supermarkets and the airport. We offer free WiFi connection in the lobby and every room, backup generator, 24-hour security, CCTV security system, in-room safe & coffee facility and complimentary drinking water.

Address: Central Hotel, Lot 2A, B & C, Block 24, Jalan Lot 12, 80357 Sandakan  
 Tel: 088-255706 Fax: 088-255705  
 Email: www.centralhotel@centralhotel.com  
 Website: http://www.centralhotel.com

## TABIN Wildlife RESERVE

Tabin Wildlife Reserve

Tabin Wildlife Reserve will be embraced by nature-lovers. The reserve will be 20,000 hectares of spectacular natural beauty. It is a sanctuary for the world's largest population of Sumatran elephants. The reserve is also a habitat for many other rare and endangered species. The reserve is a must-visit for anyone who loves nature and wildlife.

Reservations: Lot 11, 1st Fl, 88A, Dana Point, In Dana, 88300 Kota Kinabalu, Sabah, Malaysia  
 Tel: 088-257206 Fax: 088-256288  
 Email: enquiry@tabinwildlife.com.my info@tabinwildlife.com.my  
 Website: www.tabinwildlife.com.my  
 Resort Location: KM48, Jalan Tawau, Lohit, Dulu, Sabah

A 3 star hotel located in the town centre, easily accessible to major banks, shopping area, offices and tourist attractions. We have 126 rooms with 14 suites with the following facilities: Air con rooms with private bath, Colour TV with Astro satellite channels, In room safety box, Mini bar, Wireless high speed internet in all rooms.

For reservation and enquiries, please contact us at Hotel Sandakan  
 Block 83, 4th Avenue, Town Centre, 88000 Sandakan, Sabah.  
 Tel: 088 221122 Fax: 088 221140  
 Website: www.hotelssandakan.com.my  
 Email: info@hotelssandakan.com.my

## Sragon Homestay

Sragon Homestay is the best place to relax, rest and enjoy Malaysia's... Taro & Nangka Orchard, Kinabalu, Japan.

"Here is the place of peace ( heaven )". - Yoko Ono, Kobe-City, Japan.

Some of the comments we received from our guest after staying with us at Sragon Homestay, Dar: take their time for it. Come and experience it yourself! Try us, You will enjoy it!

Locations: Ig Sika, Ranau, Sabah  
 Tel: 013-870870 / Cko Casuar, (013-854013) (D Lung Kien)  
 Or 088-671187 (Sagon)  
 Fax: 088-258751  
 Email: sragon\_homestay@yahoo.com  
 Website: www.sragonhomestay.com

## Design Plus

Your One Stop Creative & Graphic Design Centre

Location:  
 Shophouse Lot No. 2, Ground & 1st Floor, Lorong Paku, Phase 2, Taman Tai Tet, 88300 Kota Kinabalu, Sabah, Malaysia

Contacts:  
 Tel/Fax: 088-255706  
 Email: design@designplus.com

## Six Senses

Traditional Body Scrub + Hot Stone Therapy + Head & Shoulder Relaxing RM188

Free transport available (town area only) 15 mins. Drive from town

Business Hour: Mon - Sat 9:30am - 6:30pm  
 To make appointment, contact Sita Suresh at Lot 3-1-2, Phase 2, Kaban Centre Building, Luyang, Jalan Linkas, Kota Kinabalu, Tel: 088-211161

## TEGANU INDAH

The perfect place to purchase beautiful Malaysian batik, including traditional wear, high-quality fabric, handkerchiefs and accessories. Visit us today!

Location: Lot LG 65, Komplek Karamuring, 88300 Kota Kinabalu.  
 Business hours: 9am to 5pm (Monday to Sunday)  
 Tel: 268-253389

## BGB Country Tours & Travel Sdn. Bhd.

Borneo Global Backpackers (Kota Kinabalu), Borneo Global Spadas Backpackers (Semporna)

Accommodation / Diving & Land Tours  
 Mount Kinabalu Climb, Kinabalu Park & Poring Hot Spring, Sandakan / Kudat / Lusak / Cairng, White Water Rafting, Poring, Ruyu / Luyang River, White River Cruise - Proboscis Monkey / Fireflies, Turtle Island Park & Sepilok Orang Utan, Te Di Borneo & Ranau Longhouse, PADI Leisure & Discover Scuba Dive, Tunku Abdul Rahman Marine Park, Lovers Trip, Kota Kinabalu City Tour, PADI Open Water & Advance Course, Kota Kinabalu Wildlife Park, Sea Kayaking, Survivor, Shark Diving, Home.

Locations: 40-42, 4TH FLOOR, WING DANDA, JALAN DAMA LUYANG, 88300 KOTA KINABALU, SABAH  
 Tel: 088-221122 Fax: 088-221140  
 Email: info@teganuindah.com  
 Website: www.teganuindah.com

## OPTIMAX

Optimax, being a pioneer in Malaysian Eye Care industry is one of the first in the country to offer advance laser procedures that improve vision and reduce the dependency on glasses and contact lenses.

Our services:  
 + LASIK  
 + NeuroVision  
 + PHACO  
 + Botox  
 + Other eye-related treatments

FACE SCREENING AVAILABLE. Call us today!  
 New Vision. New Life

Sub: 1-3-C2, 9th floor, CPS Tower, Centre Point, Sea View, 88300 Kota Kinabalu

## 76TH STREET TATTOO

Get your body art done at 76th Street! Tattoos, piercings and permanent makeup, body piercing and body painting.

Location: Lot 76, Greenway Plaza, Jalan Gaya (Opposite Jesselton Hotel)  
 Business hours: 12 noon - 10pm daily  
 Tel: 4168401738 (Admin), 0168480840 (Pip)  
 Email: 76th\_street\_tattoo@hotmail.com

## WAWASAN HANDICRAFT CENTRE

Wondering where to buy genuine local handicrafts?

Drop by Plaza Wawasan Handicraft Centre on the 1st floor for most impressive and attractive showcase of quality local handicrafts in Kota Kinabalu.

Location: 1st Floor, Plaza Wawasan, Kota Kinabalu  
 Business Hours: 10am - 10pm Monday to Sunday

## Sabah Batik

Shop Address: Lot G01, Grd Floor, Golden Center Putatan, 88200 Putatan, Sabah, Malaysia

Factory Address: Kg. Kepayan 2, Jalan Putatan Ramayah, 88200 Putatan, Sabah, Malaysia

Tel: 0 48712331, 0 88472515, 0168485671, 088 742800  
 Fax: 088-765800

## Borneo Treasures

Borneo Treasures now opens its doors at the Lok Kawi Wildlife Park! After a stroll in the park, bring home a souvenir to take to remind you of your trip to Sabah! Choose from a wide variety of t-shirts, keychains, ceramic mugs and merry men. For a gift with a touch of Sabah, swing by Borneo Treasures today!

Location: Taman Hutan Lipis Lok Kawi, Jalan Lama Papar.

Business hours: 9:30am - 5:00pm

## Toscani's Italian & Spanish

Appetizers and elegant settings, loved by the locals and tourists alike. Enjoy the best of Italian and Spanish food. All you need is a good wine to go with it. Try a selection of local wine, which are made using the finest grapes and vineyard. Visit us today to enjoy the best of Italian and Spanish food.

Location: Lot 11, The Waterfront Hotel, Kota Kinabalu  
 Business Hours: 11:00 AM - 10:00 PM  
 Contact: 088-2557206 / 088-256288  
 Email: info@toscani.com

# Sabah

Malaysia

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Every effort ha  
 correct at the time  
 inaccuracies, omiss  
 changes. No part o  
 sion of the Sabah



# Message



Apakah khabar? Ready for a month of things to do? See and people to 'Sabah Malaysian Borneo' idea or two. I have always been fascinated with the innovative ideas of our Sabahan people - why not imagine making a musical instrument out of wild-growing bamboo wood to carve a lute (known as 'gambus')? That's why the Music Festival (p.3) in this month's Happenings & I'll be making my way to Tawau to join the residents as they share their musical skill playing instruments of bamboo. I have heard the Bamboo Orchestra perform many times and I must say, listening to 'Magic Woman' played on the instrument is something else! There are a myriad of activities to witness during the festival as well. So, don't miss out on this about it in our Happenings & section.