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# Borneo Spa

## Nexus Resort Karambunai



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Step into a world of relaxation and indulgence at the Borneo Spa at the Nexus Resort Karambunai. As you step into the luxurious spa, you are greeted by the sounds of the rainforest and a calming ambience. The Relaxation Lounge, as it is aptly named, is where your pampering begins. After donning your robe in the changing room, guests make their way to the Relaxation Lounge where they will be met by their personal therapist. Your treatment will take place in a private room. One of the more popular treatments is the Aromatherapy Massage – a relaxing massage that relieves knots and pains in the body using a specially blended oil. Guests can choose from a range of oils – Borneo Spice, Borneo Passion, Borneo Laut or Borneo Relax. The massage begins with the therapist gently kneading your back, working her way from shoulders to hips. Be sure to communicate with your therapist on the desired pressure. Your massage should be comfortable at all times. The therapist then moves to the arms and then the legs, applying pressure to the palms and soles to relieve any soreness. The final stage of the massage involves a gentle massage of the neck and head. Much-needed after a long day of shopping or a hard day at work! The Borneo Spa also offers a variety of treatments, such as the Borneo Sun Soother, a rehydrating and soothing process for the body after a day out in the sun. Signature treatments include the Borneo Detox, which exfoliates dead skin cells, stimulates blood circulation and eliminates toxins, and the Borneo Massage, a combination of massage techniques to improve blood circulation and digestion whilst draining toxins via the lymphatic system. For an unforgettable session, ask for the Relax By The Sea, where you can enjoy a massage at the beachfront massage cabanas as the sounds of the sea seduces your senses. Pedicures, manicures and facials are also available. Ask the friendly reception for more details on the packages and treatments available. Other facilities at Borneo Spa include hot and cold pools, sauna, steam room and showers.

To make an appointment, contact Nexus Resort Karambunai at 088-411 222 ext. 6241 or fax 088-408 188. Visit the website at [www.nexusresort.com](http://www.nexusresort.com)

**Note:** In the last issue of Sabah Malaysian Borneo, the contact details for Patrick Saloon's SEAH Hair Spa treatment was omitted due to a printing error: Patrick Saloon also offers regular wash, cut and dry services, permanent cold wave, digital perms, hair rebonding, hair colouring, manicures and pedicures. Open from 9:30 am to 7:00 pm (Mon-Sat) and till 5:00 pm on Sunday and Public Holidays. The saloon is located at Lots D29-31, 3rd Floor, Centre Point Sabah, Kota Kinabalu, tel. no. 088-241578. Another branch is located at 242-243, 2nd floor of Wisma Merdeka, tel. no.: 088-238318. Appointments are recommended to avoid disappointment.



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