

FEATURE

Boys Will Be Boys

It's a man's man's man's world; oh yes indeed! And what better way to celebrate the fraternity of guydom than by rounding up some buddies and heading out on an adventure of a lifetime. Plan the ideal mancation in a destination that offers challenging and exciting activities that will guarantee hardcore bonding time. Here are some handy ideas that are bound to satisfy the wild at heart, adrenaline junkie and sports enthusiast alike.



GET WET AND WILD

Ramp up the adrenaline and battle six-foot tall waves, plus raging torrents of white water at the notorious Padas River. Do not be fooled by the cutesy labels of the Merry-Go-Round, Scooby Doo or Lambada, as these tumbles are considered some of the most malicious grade III to IV rapids found in Southeast Asia. The nine-kilometre race downriver is guaranteed to take even the coolest cat by surprise. Prefer a more relaxing and moderate adventure? Then rafting for 15-kilometre at the class I to II Kiulu River is the answer! This milder alternative which offers breathtaking views is more suitable for the faint at heart and old-timers.

For more info:

Traverse Tours Sdn. Bhd.
Tel: +60 88 260501 / 260502
Fax: +60 88 261503
Email: sales@traversetours.com
Website: www.traversetours.com

Borneo Ultimate Sport Adventure Tour Sdn. Bhd.
Tel: +60 88 225188 / 225199
Fax: +60 88 225177
Email: borneoultimate@hotmail.com



© David Kirkland

Orchestrate a golf expedition and engage in friendly competition at some of the most challenging terrains in Southeast Asia. Tee off in the heart of Kota Kinabalu at the Sutera Harbour Golf and Country Club, home to a 27-hole, par 72 championship course designed by Graham Marsh. Another popular golfing option located nearby the city is the Sabah Golf and Country Club. The 18-hole, par 72 layout designed by Robert Muir Graves in 1976 was carved out of a former rubber estate and secondary jungle. Hungry for an extra challenge? Then the dramatic 18-hole golf course under the Mount Kinabalu Golf Club is the place to be. This highest layout in Sabah is perched 1,500 meters above sea level on the Pinosuk Plateau at the foot of Mount Kinabalu. Golfers visiting Tawau however can enjoy the award-winning 18-hole golf course at the San-Shui Golf and Country Club. Deemed the finest creation in Asia by designers Nelson & Haworth, the US Golf Magazine ranked Hole 15-the Creek, one of the the Best 500 Holes and Top 250 par 4s in the world.

For more info:

Sutera Harbour Golf and Country Club
Tel: 60 88 308194
Fax: 60 88243471
Email: golf@suteraharbour.com.my
Website: www.suteraharbour.com.my

Sabah Golf & Country Club
Tel: +60 88 247533
Fax: +60 88 225243
Email: sgccm@gmail.com
Website: www.sgccsabah.com

Shan-Shui Golf & Country Club
Tel: +60 89 916888
Fax: +60 89 916777

Mount Kinabalu Golf Club
Tel: +60 88 889445
Fax: +60 88 888255

SHOOT 'EM UP



Seeking the ideal activity saturated with masculinity? James Bond wannabe aged between 16 and 65 years old can choose to handle bad boys such as the .22 sport rifle, .22 sport pistol, semi-auto 9mm Glock handgun and 223 long range rifle at the Sabah Shooting Association. Guests can also master the skills of using the Beretta double barrel shotgun while aiming for flying clay disks during a skeet and trap shooting session. Amateur? Fret not, briefings on safe gun handling and intimate one-on-one lessons will be provided by experienced instructors. Protective goggles and industrial ear muffs are supplied and in-

case of emergency, an ambulance will also be on standby. The Sabah Shooting Association is located at the Lok Kawi Shooting Range, Kilometer 25, Penampang-Papar Old Road. Operating hours are from 10.30am to 12pm and 2pm to 5pm on Tuesdays to Sundays.

For more info:

Grips and Triggers Experience (GATE)
Tel: +60 13 8899535 (Fairul Pat Lingham) /
+60 12 8281473 (Mark Ramp)
Email: gsuriaborneo@gmail.com /
equatorfpl@gmail.com