

DermSense

by Rekha Bhabra

More than a beauty salon

For those of us with a fair few years of life experience, one of the many things we've learnt along the way is that our skin needs some degree of help so that it looks at its radiant best. At this age (and no, im not telling), the things that women notice about other people is what lovely skin or beautiful white teeth they have.

It was at one of those all girl gatherings that I heard about DermSense. A couple of us looked like we could do with a little 'maintenance', the motion was put forward, almost instantly seconded and unanimously carried forward - We were all going to have some work done after all.

I booked a Skin Tightening treatment and a body massage at DermSense in Api-Api Centre Kota Kinabalu. Given my fear of tweezers, needles and knives, I was assured by the friendly staff that the clinic was US FDA approved and they only used non-abrasive treatments which means your skin would not be pierced by any sharp objects. I felt safe and went ahead with my "lunch treatment" which I learnt on Oprah was a Hollywood fad where movie stars went for non-surgical treatments during lunch and looked 10 years younger on the red carpet.

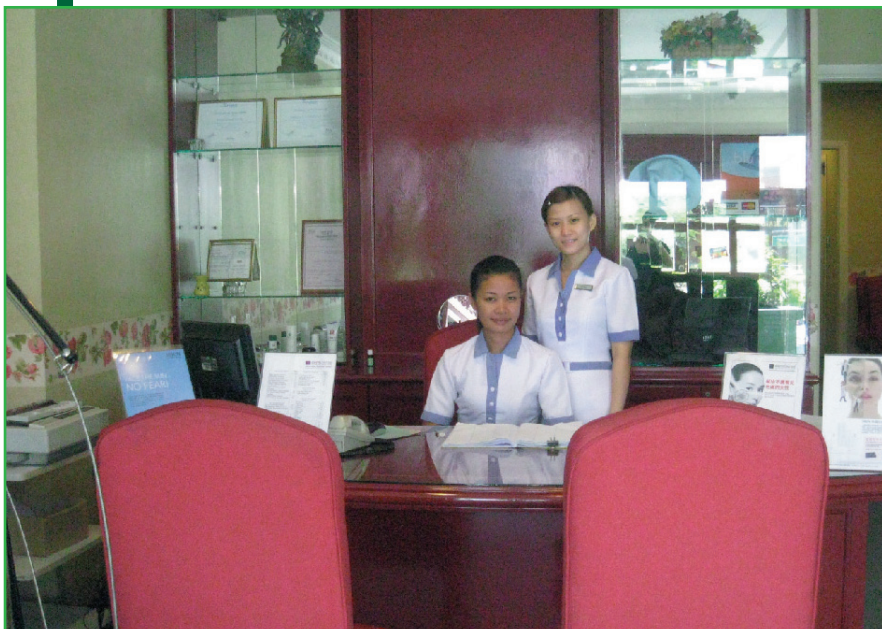
The moment I walked into DermSense I was greeted by attractive beauty therapists in uniforms. One of them came forward and reassured me that I will be pampered and at the end of my treatment will look radiant. She led me to a cosy lounge, served me a cup of ginger tea, asked about my skin and daily beauty regime.

My therapist went through in detail of my skin tightening therapy session while assuring my goals, needs and expectations remain realistic and fully understood right from the beginning. I was impressed with the level of professionalism being demonstrated.

I changed into a warm terry cloth robe and was led to one of their pretty rooms adorned with floral wall paper. My journey to beauty began. The moment I closed my eyes I was awash with pristine mudpacks and my light skin treatment. My senses were alive and every cell in me felt so relaxed.

After my skin treatment, I opted for a body massage. You can choose massages ranging from Hot Stone, Thai Herbal, Swedish Body or Foot Reflexology. I chose the comprehensive Relaxing Body Massage. The massage began with therapists gently kneading by back and working her way from my shoulders to my hips. She exerted just the right amount of pressure. The massage therapists used oils, my skin felt nourished and refreshed. There was a great deal of physical stress that was simply released during my massage session. I felt a general sense of well being as I relaxed.

After my treatment, I asked for a mirror. I was stunned by my reflexion. My skin looked tight and firm. It was as though years have been erased off my face. I couldn't wait to show it to the world. To make an appointment call 088-260949.



WHERE TO STAY

Winner Hotel
Phone: 60 088 243222
Fax: 60 088 217345

Hotel Deleton
Phone: 60 088 252222
Fax: 60 088 267999

Kinabalu Daya Hotel
Phone: 60 088 240000
Fax: 60 088 263909

Berjaya Palace Hotel
Phone: 60 088 211911
Fax: 60 088 211600

Hotel Shangri-La
Phone: 60 088 212800
Fax: 60 088 212078

Likas Square Business Suites
Phone: 60 088 252233
Fax: 60 088 251122

Tang Dynasty Hotel
Phone: 60 088 263389 /
251155
Fax: 60 088 263989 / 265566

Beverly Hotel
Phone: 60 088 258998
Fax: 60 088 258778

Promenade Hotel
Phone: 60 088 265555
Fax: 60 088 246666 / 253980

Hyatt Regency Kinabalu
Phone: 60 088 221234
Fax: 60 088 225972

Le Meridien Kota Kinabalu
Phone: 60 088 322222
Fax: 60 088 322223

Nexus Resort Karambunai
Phone: 6 088 411222 / 411030
Fax: 6 088 411020 / 412028

Shangri-La Tanjung Aru
Resort
Phone: 60 088 225800 / 41800
/ 293306 (Reserv)
Fax: 60 088 244871 / 217155

Sutera Harbour Resort -
Magellan Sutera
Phone: 6 088 318 888
Fax: 6 088 317 777

Sutera Harbour Resort
- Pacific Sutera
Phone: 6 088 318888
Fax: 6 088 317777

Megah D'Arus Hotel
Phone: 6 088 239666
Email: mbaru2@streamyx.com

Langkah Syabas Beach Resort
Phone: 6 088 752 000
Email: Isr@po.jaring.my

Radius International Waterfront
Kota Kinabalu
Phone: 6 088 525969 / 447200
Fax: 6 088 525967
Email: www.radius-waterfrontkk.com

Imperial International Hotel
Kota Kinabalu
Phone: 6 088 522888 / 447200
Fax: 6 088 522999 / 442300
Email: www.imperialkk.com