



Eating out...

TEN days ago, we celebrated the New Year and five days before that we celebrated Christmas. Most of us have had our fill of 'celebratory' food and want to come back to our normal fare.

Normal fare however may differ from one person to the other. So if you are looking out for new places to eat out normally today, there are several places you could visit. Normally in this case will refer to noodles and soups among many, many others.

If you are at the Karamuning Complex in Kota Kinabalu, the Food Court is a good place to visit. It comprise of many food booth, offering both Chinese and Malay food. The array of food being offered is mind-boggling and leaves one spoiled for choice.

There is a booth there worth visiting. It's

called Nountun Sabah. The booth sell 14 types of dishes everyday, mostly noodle based. One of the hot favourite being served every morning is the Tom Yam Noodle, which is hot, sour and creamy. One can have a choice of noodles in the dish, such as the famed Tuaran Mee, Prawn Noodle or a type of big fat white noodles usually used in Laksa Penang. You can choose meat or seafood to go with this dish.

There is also the fried noodle that emits such a mouth-watering smell while being cooked. Besides that the curry noodle dish is a must-try.

I simply love Malaysian food like beef rending and kurma as well as the local 'inava'. These foods can be found at the Beverly Hotel restaurant called Café Oriental, on the ground floor. The food offered there are mostly Malaysian oriented and delectable. The dining ambience is also cosy.

If you are looking for a quiet corner to eat a delicious beefsteak or lamb chops with pie as a 'chaser' go to hotel Megah D'Aru at Tanjung Aru Township. There is a restaurant on the ground floor that just

shouts or whisper 'private and cosy'.

The Tanjung Aru first beach area is also a good place to visit, if you want stall food. The food there can be quite delicious, but you may have to look around first. The plus is of course, dining with the sea breeze caressing your face and the sougning of the wind on casuarinas treetops serenading you. Nice.

So if you are with guests today and wish to introduce them to our very own type of food, (mee goreng, nasi ayam, mee soup and the likes) these are the places that you can go to.



STAR gives prizes

LUXURIOUS holidays were awarded to lucky winners on New Year's Eve during the Aquarius themed underwater gala dinner held in the Grand Ballroom at Shangri-La's Tanjung Aru Resort and Spa (STAR), Kota Kinabalu.

Keith Hooper was the luckiest man of the evening, winning the grand prize of a return air ticket to Hong Kong courtesy of Hong Kong Dragon Airlines Limited, two nights stay in a deluxe harbour view guestroom with buffet breakfast at Café TOO for two persons at Island Shangri-La, Hong Kong and two nights stay in a deluxe harbour view guestroom at Kowloon Shangri-La, Hong Kong.

Chang Pi-Long won the second prize of a return air ticket to Manila courtesy of Malaysia Airlines, two nights weekend stay at Makati Shangri-La, Manila in a deluxe guestroom with buffet breakfast for two persons at Circles Event Café, and two nights stay at Edsa Shangri-La, Manila in a deluxe guestroom with daily buffet breakfast for two persons at Coffee Shop.

Torsten Helsing won the third prize of a return air ticket to Incheon courtesy of Korean Air, while 16 other guests

walked away with prizes of luxury hotel accommodation and breakfast packages sponsored by Traders and Shangri-La hotels in Singapore, Penang, Huhhot, Kuala Lumpur, Zhongshan, Jakarta, Dalian, Bangkok, Kota Kinabalu, Beijing, the Philippines and Shanghai.

Hong Kong-based Shangri-La Hotels and Resorts currently own and manage 55 hotels under Shangri-La and Traders brands with a room's inventory of over 27,000. Shangri-La hotels are five-star deluxe properties featuring extensive luxury facilities and services. Shangri-La hotels are located in Australia, Mainland China, Fiji, Hong Kong, India, Indonesia, Malaysia, Philippines, Singapore, Sultanate of Oman, Taiwan, Thailand and the United Arab Emirates. The group has over 48 projects under development in Austria, Canada, Mainland China, France, India, Japan, Macao, Malaysia, Maldives, Philippines, Qatar, Seychelles, Thailand, United Arab Emirates, United Kingdom and the United States. For more information or reservations, please contact a travel professional or access the website at www.shangri-la.com.



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