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When the sun rose, the adults went to tend the fields as usual and the children went on their daily bath. Except for one limp boy, the rest jumped into the river. None surfaced. The river just turned crimson. The limp boy then went to the field and informed his elders about the incident.

In consternation, the villagers rushed to the site. What they discovered was too heart breaking that even the seasoned warriors were inconsolable. All the children had died, impaled on sharp bamboos. They later had a gathering and discussed their next course of action. After the session it was decided that they would leave the land and migrate to other places. They however vowed to return and when that occurred, a great leader will rise among the tribe.

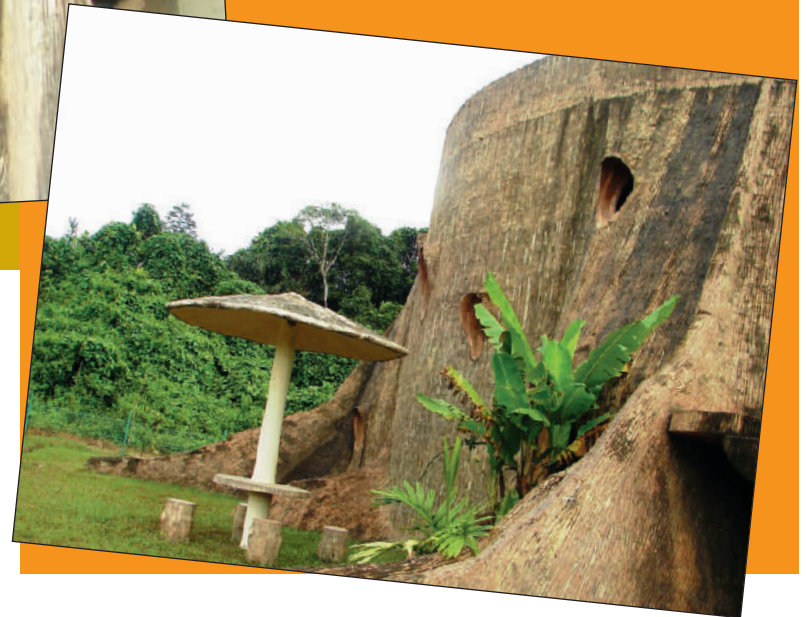
It was decided that they would leave by groups. The first group would place a chicken coop on the junction at the mountain and where the coop point, the next group should follow. And so the exodus began. The first group left and placed the chicken coop. The second one followed suit. They went towards Ranau, Tambunan, Keningau and Tenom.

One of the people in this group was however quite mischievous and thoughtlessly pointed the coop the other way. The next group walked towards the other way and ended up in other coastal areas of the State. My great-grandfather was one in this group. He ended up in Kionop Tambunan. According to my father, his grandfather was a 'modsusupu' or blacksmith and he was a young man when this exodus occurred.

It must be stressed here that there are many version of this legend. Each family who had bothered to relate the past to their children may have a slightly different version, but the facts remains that all of us believe that our forefathers came from a place called Nunuk Ragang.

Be that as it may, the legend will live on as long as the people care to remember and converge to commemorate their beginnings.

If you are interested in this event and wish to bring your family and friends to witness the celebration, get Gerald at 088 713696 for more information.



TRAVEL GUIDE

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TYT receives Nexus bosses

NEXUS RESORT KARAMBUNAI'S General Manager Peter Sprenger and Director of Sales and Marketing Brendan Wong were treated to an audience with the Sabah Head of State, TYT Tun Ahmadshah Abdullah, at the illustrious Istana Negeri, recently.

Recent additions to the Sabah hospitality industry, the powerhouse duo have been knocking on doors in the corporate, government and travel and tourism sectors to establish, renew and enhance bilateral relations for the benefit of all involved parties.

The duo spoke at length with Tun Ahmadshah, touching on diverse subjects traversing social, tourism and economic issues. A topic of particularly



warm conversation was Sprenger's earlier posting in Sabah in the late seventies to early eighties where the Head of State and Sprenger mentioned past experiences and mutual acquaintances.

"It was a great honour and pleasure to

meet with our distinguished Head of State. We thank him for granting us with this audience and hope to be able to reciprocate the TYT's hospitality by welcoming him to our resort in the near future," says Sprenger.

Family Outing Plan

Dreaming of spending a day in the sun with nothing better than a good book or a suntan? For this little bit of paradise, the coral islands just off the coast of Kota Kinabalu are the perfect solution. Choose any of the five islands of the Tunku Abdul Rahman Park for your own private getaway. There are ample opportunities for picnicking, snorkeling, diving, swimming or just relaxing in the sun.

If you're a sport-fishing enthusiast, there are other islands to tempt you. Mengalum and Mantanani islands off the northwestern coast are popular fishing haunts for local and visitors alike. Set aside at least two days for this excursion and get some advice from the experts for the best spots to throw your line.

With two days to spare, you can also take a short flight from Kota Kinabalu to Sandakan and a 40-minute boat trip to Selangan Island. Snorkel, swim or sunbathe by day and at night, witness the amazing spectacle of green turtles coming ashore to lay their eggs. A combination of a day in the sun and close-to-nature experience that is hard to resist.

Alternatively you may also choose to visit Tanjung Simpang Mengayau –

dubbed as The Tip Of Borneo. Located on the Northern tip of Borneo, Kudat was the first capital of Sabah. This popular spot is 50km or 30 minutes drive by a car from the Kudat Township. A journey to this historical town will take you through picturesque scenery. Kudat's beautiful white sandy beaches stretch for miles and its sunsets are simply breathtaking!

Visitors to Simpang Mengayau will not only pride themselves on setting foot on the northernmost tip of Borneo but its also where they can view South China Sea meeting up with the Sulu Sea. It will definitely be a satisfying break for you and your family as Kudat has so much to offer to visitors.

Fancy to hop on a nostalgic train ride that will takes you back to the old romance of travel and relieve the magical old colonial day? You will be drawn into a pensive mood as you take stock of life and all the things that truly matter. For a memorable experience, take the old diesel train from Kota Kinabalu to Tenom. Built in 1896, the train chugs past villages, rubber estates, lush tropical jungles and the magnificent Padas Gorge. Take the leisurely ride all the way to Tenom, Papar, Kimanis and Bongawan.

Sabah is a place to just kick back and indulge in some serious relaxation!