

Liza's delight

By Anna Vivienne



ALL advertisements will proclaim their goods as astoundingly nice, or cheap or wonderful. Be it automobile parts, houses or dresses, they will say everything nice in advertisements. It is the same with food.

When I visited De'Light Café at Megah D'Aru, at Tanjung Aru recently, I saw the same advertisement for the food being offered there. The pamphlets states; exquisite food and beverage...so what else is new? Excuse me for being a tad jaded but blame it on past experiences.

I was quite prepared to be polite, however.

And then I met Liza. Liza is a petite rather lucky lady who belies her age. She is pleasantly vivacious and friendly. So much so that you can't help but like her at first sight.

Be that as it may, a person's friendliness does not reflect on her culinary skills, I thought.

I was proven wrong at the very first bite. Okay, maybe friendliness does not reflect one's culinary skills, but it sure does with Liza...

The first dish she served was Fish fillet. I have always liked fish but I think I love fish now. The fish she served did not smell 'fishy' at all. The sauce was not thick or heavily smeared on top and the garnishing was just salads. How healthy can one get, I thought. It was just plain delicious. Needless to say, my lunch companions and I cleaned up the plate.

Next came the Chicken pie. I have never been partial to pie, being a hard core Asian food diner. But her pie converted me. It was crispy on the outside with soft chicken fillings. Just scrumptious. I could eat a couple without letting up.

The next on the food-tasting menu was the beefsteak. It was also gone in a jiffy; that's how succulent it was. I have always loved eating meat and I simply love the way she cooked her beef. The lamb chop was next and I stand witness to its delectableness. In fact, if I did not already have a distended stomach I might have done an Oliver. (Can I have more?)

Last came the noodle...Curry Laksa Nonya...my all time favorite. By that time we did not have much room for more food, so we only picked at it. The verdict was unanimous... 'Sedaaap'...we will return for this dish.

After slurping an astoundingly delicious smoothie and a cup of coffee we left the café. But like General Macarthur, we swore to return.

I must also mention that the food there are reasonable priced.

So if you are at Tanjung Aru township today, visit the new hotel there Megah D'Aru and dine at the De'Light Café. The café is cosy and I am sure you will love the quiet atmosphere here. Try it; I am sure you will become a regular.

