

DO YOU KNOW

Mount Kinabalu is standing within an area, which has been declared as a World Heritage Site. The fact that it is a Heritage Site makes it known to the whole world. With this introduction comes curiosity from the international community. There are of course factual information available in brochures and textbooks.

I believe that most tourist guides share these facts, but perhaps they (tourist guides) will find some of the legends attached to it useful in the course of their work. Most tourists are interested in statistics and the environment of the mountain but not less of them are interested in the tales and legends attached to the mountain. As Kadazandusuns, we are told that in the mountain lies the portal to the other world. This portal is where all Dusuns souls will pass through when they die. Therefore, this mountain is called the last resting place of the souls or the dead. Or in a Dusun dialect 'pongoluan'.

However, the portal was located at the top of the mountain so the Dusun soul had to travel up the mountain. On his journey he would come to a steep cliff where he had to hang on precariously to pass through. He would hold on to the rocks with his nails and if he fell he would go on to the portal and if he did not he would return to his body.

In my community, when a man died we must never fry our food, nor should we eat oily items as whatever we eat will 'follow' the poor soul in his journey. If we, the living, ate oily stuff, the poor soul's journey would be impeded by slimy oily route. A couple of years ago, a man from West Malaysia went to climb this mountain in preparation of a similar conquest of Mt Kilimanjaro



Africa.

Upon his return he called me and asked whether there was a village halfway up to Kinabalu, at Laban Rata just before the rocks began. I said no, there was no village there. He replied that he saw many people there, all Dusunic looking, with children, going about their everyday business. The best part was he was the only one who saw the people.

Interesting.

Actually there are many eerie and uncanny tales about the mountain that have been related around fire places since time immemorial.



WHERE TO STAY

Winner Hotel
Phone: 60 088 243222
Fax: 60 088 217345

Hotel Deleton
Phone: 60 088 252222
Fax: 60 088 267999

Kinabalu Daya Hotel
Phone: 60 088 240000
Fax: 60 088 263909

Berjaya Palace Hotel
Phone: 60 088 211911
Fax: 60 088 211600

Hotel Shangri-La
Phone: 60 088 212800
Fax: 60 088 212078

Likas Square Business Suites
Phone: 60 088 252233
Fax: 60 088 251122

Tang Dynasty Hotel
Phone: 60 088 263389 / 251155
Fax: 60 088 263989 / 265566

Beverly Hotel
Phone: 60 088 258998
Fax: 60 088 258778

Promenade Hotel
Phone: 60 088 265555
Fax: 60 088 246666 / 253980

Hyatt Regency Kinabalu
Phone: 60 088 221234
Fax: 60 088 225972

Le Meridien Kota Kinabalu
Phone: 60 088 322222
Fax: 60 088 322223

Nexus Resort Karambunai
Phone: 6 088 411222 / 411030
Fax: 6 088 411020 / 412028

Shangri-La Tanjung Aru Resort
Phone: 60 088 225800 / 41800 / 293306 (Reserv)
Fax: 60 088 244871 / 217155

Sutera Harbour Resort - Magellan Sutera
Phone: 6 088 318 888
Fax: 6 088 317 777

Sutera Harbour Resort - Pacific Sutera
Phone: 6 088 318888
Fax: 6 088 317777

JUNE EVENTS

Other Cultural Events:

Tuaran Cultural Carnival

Date: 21st - 22nd July 2007

Venue: Tuaran

Kudat Cultural Carnival

Date: 27th - 28th October 2007

Venue: Esplanade Sidek, Kudat

For more Information please contact:

Sabah Cultural Board

Telephone: +6088-268812/268884

Fax: +6088-264235

Email:

Rusman.Abdullah@sabah.gov.my

or

Mackey.Apison@sabah.gov.my

SUTERA HARBOUR JUNIOR AMATEUR OPEN 2007

Date: 15 - 16 June 2007

Organiser: Sutera Harbour Golf Club

Contact Person: Communications Dept

Telephone: +6088-318888 ext. 3341

Fax: +6088-303338

Email Contact: communications@sutera-

harbour.com.my

Event Website:

http://www.suteraharbour.com.my

3RD MAH ENVIRONMENTAL WEEK 2007

Date: 16 June 2007

Organiser: Malaysian Association of Hotels

(MAH), Sabah / Labuan Chapter

Contact Person: Keith Pointer

Telephone: +6088-752333

Fax: +6088-752999

Email Contact: keith_pointer@hotmail.com,

pointer@beringgis.com

22ND SABAH DRAGON BOAT RACE

Date: 17 June 2007

Organiser: Sabah Tourism Board, Sri Pelan-

congan Sabah Sdn Bhd & Sabah Chinese

Cultural Association

Venue: Teluk Likas, Likas

Contact Person: Zachary Mobijohn

Telephone: +60 88 232121

Fax: +60 88 265540

Email Contact: zachary@sabahtourism.com

Event Website:

http://www.sabahtourism.com/dragonboat/

KK ADVENTURE PARK CHALLENGE

Date: 30 June 2007

Organiser: KK Adventure Park

Contact Person: Rahmahwati Andi Samsiar

Telephone: +60 88 750 959

Fax: +60 88 755959

Email Contact: wati@kkadventurepark.com

DAMA ORCHESTRA CONCERTS (TAWAU)

Date: 23 June 2007

Organiser: Sri Pelancongan Sabah Sdn Bhd

Contact Person: Susan Shahira

Telephone: +60 88 232121

Fax: +60 88 265540

Email Contact: shahira@sabahtourism.com

DAMA ORCHESTRA CONCERTS (SANDAKAN)

Date: 21 June 2007

Organiser: Sri Pelancongan Sabah Sdn Bhd

Contact Person: Susan Shahira

Telephone: +60 88 232121

Fax: +60 88 265540

Email Contact: shahira@sabahtourism.com

PESTA MENUGAL

Date: 30 June 2007

Organiser: Persatuan Petani dan Penternak

Bumiputera Sabah (PETANAH)

Contact Person: Gaibin Ransoi

Telephone: +60 88 499157 / +6016 813 3156

Fax: +60 88 499157

Email Contact: petanah88@yahoo.com

Weekly TAMU (Open Market) in Sabah

■ Tamus are held in almost every town/district in Sabah. Most local traders gather to buy, sell or barter their farm produce, handicrafts, traditional ware, musical instruments, etc.

SUNDAY 6am - 2pm
Kota Belud, Tuaran, Putatan, Papar, Babagon, Tambunan, Tenom, Membakut, Kota Marudu, Sikuati, Gaya Street Fair (Kota Kinabalu)

MONDAY 6am - 2pm
Tandek

TUESDAY 6am - 2pm
Kiulu

WEDNESDAY 6am - 2pm
Pinggan-pinggan, Tamparuli & Kudat

THURSDAY 6am - 2pm
Donggongan, Telipok, Tenghilan, Pekan Nabal, Sipitang, Tambunan, Keningau

FRIDAY 6am - 2pm
Donggongan, Sunsuron, Weston, Mesapol, Kanibangan

SATURDAY 6am - 2pm
Kinarut, Beaufort, Sindumin, Matunggong, Pekan Pitas

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