

DO YOU KNOW

By ANNA VIVIENNE

WHERE TO STAY

Winner Hotel
Phone: 60 88 243222
Fax: 60 88 217345

Hotel Deleeton
Phone: 60 88 252222
Fax: 60 88 267999

Kinabalu Daya Hotel
Phone: 60 88 240000
Fax: 60 88 263909

Berjaya Palace Hotel
Phone: 60 88 211911
Fax: 60 88 211600

Hotel Shangri-La
Phone: 60 88 212800
Fax: 60 88 212078

Likas Square Business Suites
Phone: 60 88 252233
Fax: 60 88 251122

Tang Dynasty Hotel
Phone: 60 88 263389 / 251155
Fax: 60 88 263989 / 265566

Beverly Hotel
Phone: 60 88 258998
Fax: 60 88 258778

Promenade Hotel
Phone: 60 88 265555
Fax: 60 88 246666 / 253980

Hyatt Regency Kinabalu
Phone: 60 88 221234
Fax: 60 88 225972

Le Meridien Kota Kinabalu
Phone: 60 88 322222
Fax: 60 88 322223

Nexus Resort Karambunai
Phone: 6 088 411222 / 411030
Fax: 6 088 411020 / 412028

Shangri-La Tanjung Aru Resort
Phone: 60 88 225800 / 41800 / 293306 (Reserv)
Fax: 60 88 244871 / 217155

Sutera Harbour Resort - Magellan Sutera
Phone: 6 088 318 888
Fax: 6 088 317 777

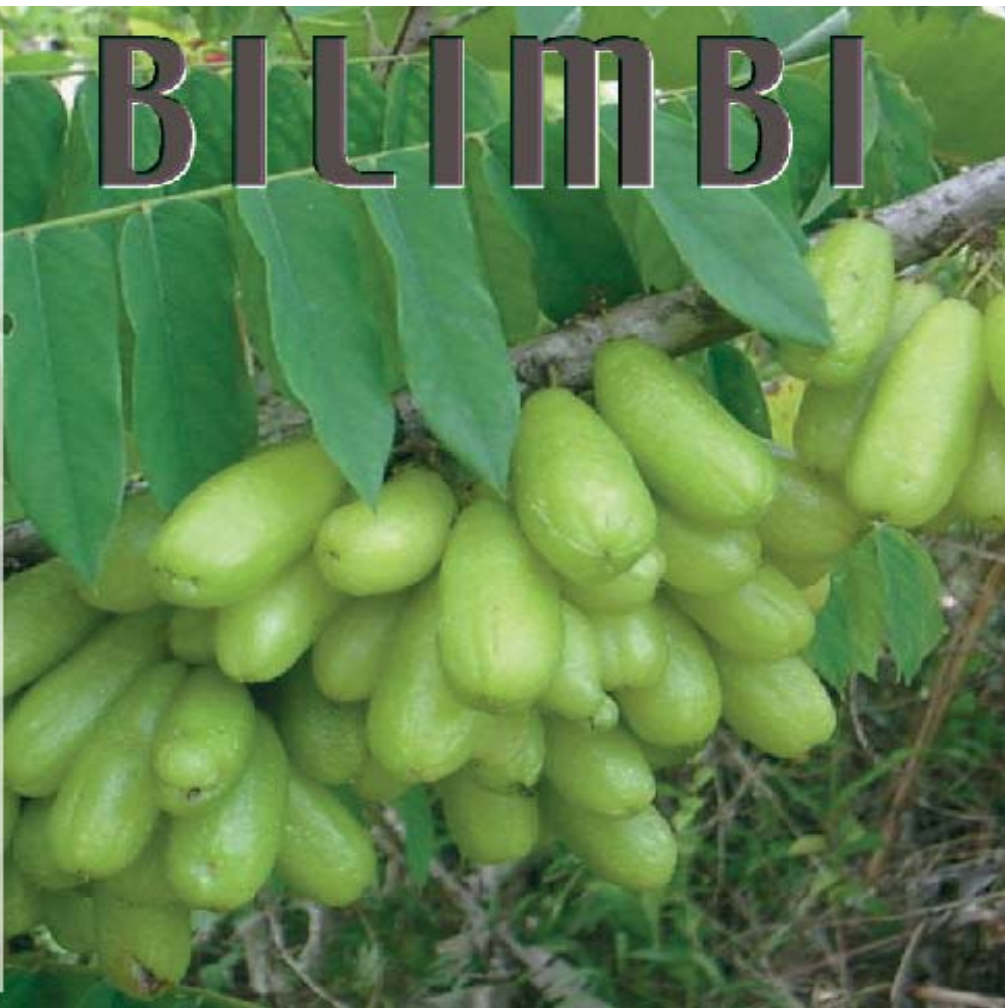
Sutera Harbour Resort - Pacific Sutera
Phone: 6 088 318888
Fax: 6 088 317777

Hotel Capital Sdn Bhd
23, Jalan Haji Saman
P.O Box 11223, 88813
Kota Kinabalu
Phone: 6 088 231 999 (10 lines)
Fax: 6 088 237 222
E mail: capitalh@streamyx.com

Impiana Mutiara Hotel
Ground Floor, No 3, Block BC
Lot 15, Lorong Ikan Juara 3
88100 Sadong, Kota Kinabalu
Phone: 6 088 268 823 / 268 824
Fax: 6 088 258826

Radius International Hotel Waterfront
Kota Kinabalu
7th Floor Warisan Square
Jalan Tun Fuad Stephens
88000 Kota Kinabalu
Phone: 6 088 447 200 / 525 969
Fax: 6 088 447 300 / 525 967
E mail: inquiry@radius-waterfrontkk.com
Website: www.radius-waterfrontkk.com

Beringgis Beach Resort, Papar
Phone: 6 088 752 333
E mail: bbrpapar@tm.net.my



The Bilimbi tree or locally known as the Belimbing Asam tree, is very shady and quite attractive. It looks like an ornamental shade tree and is actually planted for this purpose in some rural home. The tree is attractive, long-lived and has a short trunk with a number of upright branches. It has small leaves and branches that are close together, which makes it a dream come true for children who are just learning to climb trees.

When it blossoms, it sets out small, fragrant flowers of small, hairy panicles emerging directly from the trunk and oldest, thickest branches and some twigs, as do the clusters of curious fruits.

The fruit of the bilimbi, called 'tulod-ulod' by some Kadazandusun dialect, looks like a miniature cucumber and grows in clusters on the trunk and branches of the tree. The fruit is very sour. In the olden days it is used to scour tarnished brass wares and clean fingernails. It is also used for food. It is cooked with fish to negate the 'fishy' smell and to add a tangy flavour to the dish. It is also chopped and cooked with fired salted fish as flavour. For side dishes, it is pounded with shrimp paste, chilli, salt and anchovies. To preserve this fruit, it is boiled with water and a lot of salt and kept in jars. It can also be salted without being boiled. It is utilised in the same way as when it is fresh. The fruits are picked by hand, singly or in clusters. They need gentle handling because of the thin skin. They cannot be kept on hand for more than a few days.

This tree is very common in Malaysia. In Sabah it is usually found at the people's backyard.

APRIL EVENTS

CLIMB AND BUILD 2007

Date : April - July 2007
Organiser : Habitat for Humanity KK
Contact Person : Jeannette Tong / Jessica Rosius
Telephone : +60 88 264178, 264179
Email Contact : jeannette_tong@yahoo.com, habitatkk@gmail.com

EASTER SUNDAY

Date : 08 April 2007
Organiser : Sabah Tourism Board / Sri Pelancongan Sabah Sdn Bhd
Contact Person : +6088-212121 / 232121
Telephone : +6088-212075 / 265540
Email Contact : info@sabahtourism.com

PESTA KALIMARAN 2007

Date : 14 - 15 April 2007
Organiser : Sabah Cultural Board
Contact Person : Mackey Apison
Telephone : +6088-268812/268884
Fax : +6088-264235
Email Contact : Rusman.Abdullah@sabah.gov.my, Mackey.Apison@sabah.gov.my
Other Cultural Events:

Sandakan Cultural Carnival

Date: 9th - 10th June 2007
Venue: Sandakan Town Field

Tuaran Cultural Carnival

Date: 21st - 22nd July 2007
Venue: Tuaran

Kudat Cultural Carnival

Date: 27th - 28th October 2007
Venue: Esplanade Sidek, Kudat
For more Information please contact:
Sabah Cultural Board
Telephone : +6088-268812/268884
Fax : +6088-264235
Email : Rusman.Abdullah@sabah.gov.my or Mackey.Apison@sabah.gov.my

VASAKHI DAY

Date : 14 April 2007
Organiser : Sabah Tourism Board / Sri Pelancongan Sabah Sdn. Bhd
Telephone : +6088-212121 / 232121
Fax : +6088 - 212075 / 265540
Email Contact : info@sabahtourism.com

14TH REGATTA LEPA SEMPORNA - WATER FESTIVAL

Date : 21 - 22 April 2007
Organiser : District Office of Semporna / Sri Pelancongan Sabah Sdn Bhd
Contact Person : Jaafar Haji Ismail / Balwant Singh Kler
Telephone : +6089-781518 / +6088-232121
Fax : +6089-781472 / +6088-265540
Email Contact : balwant@sabahtourism.com
Event Website : http://www.sabahtourism.com/event/regatta-lepa/

ANZAC DAY

Date : 25 April 2007
Organiser : Sandakan Municipal Council
Contact Person : Catherin Chua
Telephone : +6089-275400 / 229751
Fax : +6089-222964
Email Contact : Catherin.Chua@sabah.gov.my

FREEDOM OF ENTRY CEREMONY

Date : 28 April 2007
Events
* RMN March with Navy Band, Silent Drill Team
* Navy helicopters Fly Over/Path and aerial displays
* Navy Band to play tunes with guest artists
* "Ship Open to Visitors"
* Joy ride on CB90s - collection to charity
* Navy Diver demonstration and exhibition
* RMN Hydro Exhibition
* PASKAL Exhibition
* Navy, Army and Airforce Career Promotion Exhibition
* Free children entertainment
* Food and ice cream stalls etc
* "Beat to quarters ceremony" or "Sunset Ceremony"
* Booth selling Navy T-shirts, ball caps, souvenirs etc
* KK City Council Booth
* Potential business opportunities as a result of this "crowd puller event"
Venue : Anjung Senja to Waterfront, KK
Time: 0900am - 1800pm)

Weekly TAMU (Open Market) in Sabah

■ Tamus are held in almost every town/district in Sabah. Most local traders gather to buy, sell or barter their farm produce, handicrafts, traditional ware, musical instruments, etc.

SUNDAY 6am - 2pm
Kota Belud, Tuaran, Putatan, Papar, Babagon, Tambunan, Tenom, Membakut, Kota Marudu, Sikuati, Gaya Street Fair (Kota Kinabalu)

MONDAY 6am - 2pm
Tandek

TUESDAY 6am - 2pm
Kiulu

WEDNESDAY 6am - 2pm
Pinggan-pinggan, Tamparuli & Kudat

THURSDAY 6am - 2pm
Donggongan, Telipok, Tenghilan, Pekan Nabal, Sipitang, Tambunan, Keningau

FRIDAY 6am - 2pm
Donggongan, Sunsuron, Weston, Mesapol, Kanibangan

SATURDAY 6am - 2pm
Kinarut, Beaufort, Sindumin, Matunggong, Pekan Pitas

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