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that can benefit from Juliana's product. She also has a concoction of rice and herbs that are used as body scrub. The body scrub ensures that all dead skin are slough off and the skin remain supple.

Juliana's one hope is to open a beauty treatment and spa in the State capital.

A spa that is already well on its way up is the Kasaavan Spa, sited at the Megah D'Aru Hotel in Tanjung Aru, near Kota Kinabalu.

This spa is a branch of the Kaandaman Spa sited at the KDCA grounds at Penampang.

Spokesperson for the outlet, Vivien Liaw says the Kasaavan Spa is a cosy place where people can enter and have a relaxing massage. According to her the outlet can accommodate five people at any one time.

"We have three stationed masseurs to cater to our costumers. They are well trained," she stresses.

"For the body massage we use imported massage oil form Australia. We also carry out aromatherapy using three types of blended oil. The oil is our own con-

coction. The first oil is called Land below the Wind. This aroma is to induce relaxation in our costumers. The second one is called Kinabalu Spirit. This induces invigoration. The third oil is called Borneo Moonlight. It depicts sensuality," she says.

The other establishment is the Six Senses Nail and Skin Therapeutic House. This establishment is located at Kolam Centre Phase II, Hilltop Luyang.

They boast the highest quality of therapeutic treatments and services, offering a wide range of hot stone therapy.

If you are concerned about your complexion, they offer you the face spa. It is actually a face massage with volcano stone after they treat you to deep cleansing treatment. This refresh tired skin.

They also offer you hot stone detox and Javanese lulur scrub. The scrub originates from the Palace of Java, and had been practised by the people since time immemorial. For beautiful toe nails and feet, they have the foot spa. This is where all the old skins will peel away as your feet will be washed with bubbling jets of warm water. It is supposed to improve circulation.

And of course they have the manicure and pedicure service. They trim and shape your nails and later give you a soothing massage.

Giving your lank tress a bouffant look can be intimidating if you are doing it on your own. If you want to have a nice head of hair for the evening, walk into Nuvis Sabah. sited at Centre Point. According to Razak Russell, a beauty care lecturer with the centre, they offer hair and beauty care for their customers.

"We also give beauty tips and how to apply make up to our customers," he says.

Indra sited at the Asia City complex is also offering the same services. He is however concentrating on hair care and hair-do.

"Walk in and be pampered by us," he says.

Although the present mode of hair care is not in the least traditional, the mode of washing and massaging the scalp is. It is an experience that should be felt by all visitors to the State.

They should get the feel of traditional massages, beauty treatment and beauty products. They should share and experience the beauty secret of the East.

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