

DO YOU KNOW

By ANNA VIVIENNE

WHERE TO STAY

Rice is believed to have been cultivated in China since ancient times and was introduced to India before the time of the Greeks. We do not know how this food was introduced in Sabah, though.

However, in Sabah, rice is the staple food and had been cultivated by the people since time immemorial. It seems that agriculture and rice culture is synonymous, as indicated by the language, especially the Kadazandusun's, where 'mororobuat' means farmer but also means paddy planter.

Be that as it may, many ceremonies have arisen in connection with planting and harvesting rice. The Harvest Festival is one of the more celebrated one, where the community celebrates the end of harvesting. The grain and the plant are traditional motifs in our art.

Rice is very easy to cook. One only has to boil it. However, the amount of rice and water in the pot has to be properly balanced. If it is not correct, you will either end up eating soft squishy rice or soggy grains. This food is eaten for lunch and dinner. Some people have it for breakfast, too.

Left over rice can be fried or can be made into rice wine. Rice wine is made by adding in special yeast called 'sasad' on it and set to ferment on closed jars for at least a month.

Rice



Winner Hotel
Phone: 60 088 243222
Fax: 60 088 217345

Hotel Deleeton
Phone: 60 088 252222
Fax: 60 088 267999

Kinabalu Daya Hotel
Phone: 60 088 240000
Fax: 60 088 263909

Berjaya Palace Hotel
Phone: 60 088 211911
Fax: 60 088 211600

Hotel Shangri-La
Phone: 60 088 212800
Fax: 60 088 212078

Likas Square Business Suites
Phone: 60 088 252233
Fax: 60 088 251122

Tang Dynasty Hotel
Phone: 60 088 263389 / 251155
Fax: 60 088 263989 / 265566

Beverly Hotel
Phone: 60 088 258998
Fax: 60 088 258778

Promenade Hotel
Phone: 60 088 265555
Fax: 60 088 246666 / 253980

Hyatt Regency Kinabalu
Phone: 60 088 221234
Fax: 60 088 225972

Le Meridien Kota Kinabalu
Phone: 60 088 322222
Fax: 60 088 322223

Nexus Resort Karambunai
Phone: 6 088 411222 / 411030
Fax: 6 088 411020 / 412028

Shangri-La Tanjung Aru Resort
Phone: 60 088 225800 / 41800 / 293306 (Reserv)
Fax: 60 088 244871 / 217155

Sutera Harbour Resort - Magellan Sutera
Phone: 6 088 318 888
Fax: 6 088 317 777

Sutera Harbour Resort - Pacific Sutera
Phone: 6 088 318888
Fax: 6 088 317777

Hotel Capital Sdn Bhd
23, Jalan Haji Saman
P.O Box 11223, 88813
Kota Kinabalu
Phone: 6 088 231 999 (10 lines)
Fax: 6 088 237 222
E mail: capitalh@streamyx.com

Beringgis Beach Resort, Papar
Phone: 6 088 752 999
E mail: bbrpapar@tm.net.my

Impiana Mutiara Hotel
Ground Floor, No 3, Block BC
Lot 15, Lorong Ikan Juara 3
88100 Sadong, Kota Kinabalu
Phone: 6 088 268 823 / 268 824
Fax: 6 088 258826

FEBRUARY EVENTS

KOTA KINABALU CITY IDOL

Date : February 2007
Organiser : Kota Kinabalu City Hall
Contact Person : Joannes Solidau
Telephone : +6088-521800
Fax : +6088-316137
Email Contact : joannes@dbkk.sabah.gov.my

KK CITY DAY CELEBRATION

Date : 02 February - 24 February 2007
Organiser : Kota Kinabalu City Hall
Contact Person : Faradillah Abdul Rani
Telephone : +6088-521800
Fax : +6088-233815
Email Contact : faradillah@dbkk.sabah.gov.my
Grand Celebration
1st February 2007
9:00PM - 12:30AM
Venue: Promenade Boulevard, Jalan Tun Fuad Stephens
-Float Parade
-Performance by Popular Artistes
-INTERNATIONAL Cultural Performances (Australia, South Africa, Indonesia, Philipines, Yongin City Korea, China)
-Flag-raising Ceremony
-Firework Display
Chinese New Year Carnival
10th - 15th February
6:00PM - 10:00PM
Venue : Deasoka Garden, Gaya Street
City Run
11th February 2007
7:00AM
Venue : Padang Merdeka, Kota Kinabalu
International Dart Tournament
23rd - 25th February 2007
10:00AM - 5:00PM
Venue : Dewan Masyarakat Kota Kinabalu

VIP Golf Tournament

24th February 2007
6:00AM - 2:00PM
Venue : Nexus Resort Karambunai, Menggatal
KK City Tourism Treasure Hunt
25th February 2007
6:00AM - 2:00PM
Venue : Nexus Resort Karambunai, Menggatal

KOTA BELUD CULTURAL CARNIVAL 2007

Date : 10 - 11 February 2007
Organiser : Sabah Cultural Board
Contact Person : Mackey Apison
Telephone : +60 88 268812/268884
Fax : +60 88 264235
Email Contact : Rusman.Abdullah@sabah.gov.my, Mackey.Apison@sabah.gov.my
Other Cultural Events:
Papar Cultural Carnival
Date: 24th - 25th February 2007
Venue: Papar Community Hall
Lahad Datu Cultural Carnival
Date: 10th - 11th March 2007
Venue: Lahad Datu Community Hall
Tawau Cultural Carnival
Date: 24th - 25th March 2007
Venue: Tawau Town Field
Tenom Cultural Carnival:
PESTA KALIMARAN
Date: 14th - 15th April 2007
Venue: Murut Cultural Centre, Tenom.
Sandakan Cultural Carnival
Date: 9th - 10th June 2007
Venue: Sandakan Town Field
Tuaran Cultural Carnival
Date: 21st - 22nd July 2007
Venue: Tuaran
Kudat Cultural Carnival
Date: 27th - 28th October 2007
Venue: Esplanade Sidek, Kudat

For more Information please contact:
Sabah Cultural Board
Telephone : +6088-268812/268884
Fax : +6088-264235
Email : Rusman.Abdullah@sabah.gov.my or Mackey.Apison@sabah.gov.my

CHINESE NEW YEAR

Date : 18 - 19 February 2007
Organiser : Sabah Tourism Board / Sri Pelancongan Sabah Sdn. Bhd.
Telephone : +6088-212121 / 232121
Fax : +6088-212075 / 265540
Email Contact : info@sabahtourism.com

TREE PLANTING DAY

Date : 22 February 2007
Organiser : Kota Kinabalu City Hall
Contact Person : Walter J. Kenson
Telephone : +6088-244000
Fax : +6088-243501
Email Contact : walter@dbkk.sabah.gov.my

2ND INTERNATIONAL SABAH OPEN DART TOURNAMENT

Date : 23 - 25 February 2007
Organiser : Kota Kinabalu City Hall
Contact Person : Felix Malangking
Telephone : +6088-241800
Fax : +6088-316137
Email : felix.malangking@dbkk.sabah.gov.my

CITY DAY REGATTA 2007

Date : 24 - 25 February 2007
Organiser : Kinabalu Yacht Club
Contact Person : Johnny Tan (Vice Commodore)
Telephone : +60 88 240070 / 243070
Fax : +60 88 243007
Email Contact : kyctaru1@streamyx.com

Weekly TAMU (Open Market) in Sabah

■ Tamus are held in almost every town/district in Sabah. Most local traders gather to buy, sell or barter their farm produce, handicrafts, traditional ware, musical instruments, etc.

SUNDAY 6am - 2pm
Kota Belud, Tuaran, Putatan, Papar, Babagon, Tambunan, Tenom, Membakut, Kota Marudu, Sikuati, Gaya Street Fair (Kota Kinabalu)

MONDAY 6am - 2pm
Tandek

TUESDAY 6am - 2pm
Kiulu

WEDNESDAY 6am - 2pm
Pinggan-pinggan, Tamparuli & Kudat

THURSDAY 6am - 2pm
Donggongan, Telipok, Tenghilan, Pekan Nabal, Sipitang, Tambunan, Keningau

FRIDAY 6am - 2pm
Donggongan, Sunsuron, Weston, Mesapol, Kanibangan

SATURDAY 6am - 2pm
Kinarut, Beaufort, Sindumin, Matunggong, Pekan Pitas

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