

**Sabah's best live seafood Restaurant**  
 "Awarded membership diploma Les Amis D'Escoffier Society"  
 "Awarded membership of famous chef special committee for china cuisine association"

Welcome To Kota Kinabalu City

Port View SEAFOOD VILLAGE  
 不夜天海鮮樓  
**PORT VIEW SEAFOOD VILLAGE**  
 Lot 16, 6th Fl, Arjung Gardens (No Water front), The First Shopping Point,  
 68000, Kota Kinabalu, Sabah. Tel: 088-217 249, 088-217 249 (HP)

Future performance - 100%

**GUNTER'S**  
*Eat well. At Home*

MONDAY - SATURDAY  
 TIME: 11:30AM - 2:00PM (LUNCH)  
 6:30PM - 9:30PM (DINNER)  
 BATU 2, TUARAN ROAD, LIKAS.

GERMAN, SWISS CUISINE AT ITS BEST!!!  
**TEL: 088-217 249,  
 016-831 0787(HP)**

**Authentic Chinese Cuisine**  
 Business Hours - 11:30am - 3:00 pm / 5:30pm - 10:00pm

**Golden Borneo Palace Restaurant**  
 全安祥餐廳

Lot 1, Block 4,  
 Pelabuhan Road,  
 Tanjung Lipta 88535  
 Kota Kinabalu,  
 Sabah, East Malaysia.  
 Tel: 088 242 892  
 Fax: 088 242 892



# Snacking out

**S**nacking out is a trend among us locals, and it should be introduced to our guests especially those who simply has to sit down with a fork and spoon just to feed that rumbling tummy. For locals though, we walk into a bazaar or tamu (local market) buy a dozen of local cakes for a couple of ringgit and eat them, in the car, squatting under a tree or at the bus stop. Some people think that is 'unsavoury' behaviour.

Be that as it may, we can introduce the snacks from such 'outlets' to our visitors sans the car, tree or bus stop.

Actually, we can promote this as culture as it is a norm that the local community practices. In the past our grandparents would buy Malay kuehs for us, through barter trade. Nowadays we may no longer practise barter trade but we still buy snacks and other food from the tamu for our children.

The choices of kuehs and snacks sold in the tamu are also wider now. You can buy anything from groundnut topped pancakes, breadfruit fritters,

manioc chips to 'murtabak'. These can be found in any tamu, be it in Kota Belud on Sundays, Tamparuli on Wednesdays or Donggongon Penampang every Thursday and Friday.

In Kudat tamu, held every Wednesday, there are several type of food sold that are special to this area.

There are the poprice, love letters and 'mantou'. The poprice is the oriental version of popcorn, where rice is hardened with glazed sugar and made into hard square cakes. When you eat them, they crackle just like popcorn.

Love letters are sweet wafer like biscuits. They are sweet, smell of eggs and quite crispy. The mantou is actually Chinese buns but they are made with glutinous rice. The fillings are usually groundnut and sugar. The buns come in many colours. I like the red ones, though.

These snacks are quite cheap. They cost about RM1.20 a packet.

Visit the tamu, any tamu and you as well as your guests will definitely have an enjoyable time picking out food and eating them too.



## TRAVEL GUIDE

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### Wonders of i, Borneo

PULAU  
RAGKAYAH

SUZU SEA

LOWER  
KINABATANGAN

TADIM  
WILDLIFE  
RESERVE

DATU

CELEBES SEA

GEMPORNA

Pulau  
Kapalai

bul Island

PULAU  
SIPADAH

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