

Dining in Kota Kinabalu

By Anna Vivienne

AFTER the Chinese New Year celebrations and the array of delicious food that came with it most celebrants will want to eat something less rich and simpler.

The best place to eat such food is of course at home, where you can make sambal belacan and fry a fish or two and you are set for dinner.

However not most of us can go home and eat. Some people work late and therefore has no time to cook while others just like to eat another person's cooking.

In Kota Kinabalu there are several places where you can look up to get good delicious food.

One of the places to go is the Wisma Merdeka's food court on the second floor.

The food court is on the left side of the escalator.

The food available in the food court is various and many, which of course mirrors the multi-ethnic group living here and the tolerance we have of one another.

On one side is Chinese food, selling the veritable 'char sau' and 'sau nyuk'. They sell noodles and rice as well as accompany meat, chicken and vegetable dishes.

On the other side are Muslim restaurants. These restaurants do offer delicious food such as prawns, crabs and meat in pounded chilli paste gravy.

Walk out of Wisma Merdeka and visit KK Plaza just nearby. The food court in KK Plaza is on the third floor.

The food court is quite spacious with only three eateries serving the area. There are of course some juice and drinks stalls.

The food served here are Muslim and Chinese food. The Chinese food includes various kinds of noodles and mixed rice while the Muslim offer the usual spicy fare.

The foods here are simple and filling



but not something to shout about.

The Centre Point also has a food court located in the basement, or lower floor as some people call it.

The foods there are Chinese, Malay and Indian. There are plenty of foods there that one can be spoiled for choice but diners should really look at the food before asking for them.

Perhaps due to the number of people visiting the place, orders can go wrong. A fish head curry may become fish head soup.

The outlet in that area that is quite full every day is the Malay food outlet right at the end of the area. The foods are spicy but delicious.

Walk on and you will get to Wawasan Plaza. The food court is located on the third floor of the building.

There are Malay and Chinese food available in the food court as well as a bun shop.

The Chinese foods are typical fare but first in my recommendation is the beef soup noodle or 'Ngau Chap mein'. The buns are also not bad and do come piping hot.

All these food courts open from 10am to about 7pm or a bit later and they allow you to choose the food you want.

The Karamuning Shopping Complex is another place where a food court is available.

The food court there also boasts various types of foods, including spicy Malay food and delicious Chinese fare.

The best part of going to this food court is the wide variety of choices they offer.

There are other eateries in Kota Kinabalu that are worth looking up such as Little Italy, Junction Restaurant and New Mantai restaurant to name a few.

But check out the food court first. Food court enables you to choose just like in buffet tables.

Enjoy!

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