



FROM PAGE II



You only need to watch out the bee hive on the tree. They are just one of the residents in the park, and most joggers had seen them. They tend to be more aggressive during rainy season. If their patrol bees pass by, just ignore them and move away from their territory as far as possible. Bee attack looks funny in cartoon but it is no joke. Last week I find another huge nest on a tree next to the trail; hope it will be removed soon.

It has been raining for months every day. I wish this year we will have better weather so we can work out. My bones have started rusting for staying too long at home. Gong Xi Fa Cai to you all!



WHERE TO STAY

Winner Hotel
Phone: 60 088 243222
Fax: 60 088 217345

Hotel Deleton
Phone: 60 088 252222
Fax: 60 088 267999

Best Western Kinabalu Daya Hotel
Phone: 60 088 240000
Fax: 60 088 263909

The Palace Hotel
Phone: 60 088 211911
Fax: 60 088 211600

Hotel Shangri-La
Phone: 60 088 212800
Fax: 60 088 212078

Likas Square Business Suites
Phone: 60 088 252233
Fax: 60 088 251122

Tang Dynasty Hotel
Phone: 60 088 263389 /
251155
Fax: 60 088 263989 / 265566

Beverly Hotel
Phone: 60 088 258998
Fax: 60 088 258778

Promenade Hotel
Phone: 60 088 265555
Fax: 60 088 246666 / 253980

Hyatt Regency Kinabalu
Phone: 60 088 221234
Fax: 60 088 225972

Le Meridien Kota Kinabalu
Phone: 60 088 322222
Fax: 60 088 322223

Nexus Resort Karambunai
Phone: 6 088 411222 / 411030
Fax: 6 088 411020 / 412028

Shangri-La Tanjung Aru
Resort
Phone: 60 088 225800 / 41800
/ 293306 (Reserv)
Fax: 60 088 244871 / 217155

Sutera Harbour Resort -
Magellan Sutera
Phone: 6 088 318 888
Fax: 6 088 317 777

Sutera Harbour Resort
- Pacific Sutera
Phone: 6 088 318888
Fax: 6 088 317777

Imperial International Hotel
Kota Kinabalu
Phone: 6 088 522888 / 447200
Fax: 6 088 522999 / 442300
Email: www.imperialkk.com

Imperial Boutec Hotel
Kota Kinabalu
Phone: 6 088 525969
Fax: 6 088 525968

Gayana Eco Resort
Phone: 6 088 380390
Fax: 6 088 381390
www.gayana-eco-resort.com