

# All Western in the Chinese front



pany, pleasurable.

One such place that should really be visited is the YS Western Food outlet located at Lintas Plaza, right across the Government Clinic.

There is something interesting about this outlet though; you may be fooled if you don't look carefully.

This outlet operates like any Chinese coffee shop during the day. You have your fried noodles and rice, your kon lau mien, kai fun and mee soup.

But from 6am to 11.30pm, you will feel like you have been transported to a café with musicians entertaining you from somewhere inconspicuous. Actually the coffee shop does not have a gadget to transform the area into this setting but the food sure will.

This is because they serve typical western food and then some.

You can start your dinner with the mains. They are mainly lamb, beef, chicken, fish and pasta, among others.

To start with, get the grilled lamb. The grilled lamb at YS is very succulent; seems like the chef have found a secret to grill lamb without drying it at the same time. The grilled lamb comes with your choice of sauce. They include mint, black pepper, salsa, mushroom and garlic sauce. Then you move on to the beefsteak. The beefsteak here is delicious to say the least, as you feel like you are really sinking your teeth into thick meat and not some dried up flap of leather pretending to be meat.

Believe me, I know; I have bitten into some people's lovely idea of meat.

The beef also come with your choice of sauce such as black pepper, mushroom and garlic.

Don't forget to try the fish. You can either take the typical fish and chips or you can order the grilled salmon. The grilled salmon wins hands down, where choice is concerned, though.

If you really love pasta and have to have this dish, order the spaghetti Bolognese. You can opt for beef and chicken. And of course don't forget to order their fresh oxtail soup.

For those who have children, you can order them the yummy menu, which comprise of chicken wings, crab core, French fries and coleslaw.

If the kids want something a little heavy, you can order them the kid's menu version of the grilled lamb chop and the deep fried chicken.

After the meal is done and you settle down to a nice pint of bitter, you can order from the 'side-order' menu. They have chicken boxing, French fries, coleslaw, Russian salad, gulden salad with mayo or golden salad with thousand island sauce.

As for drinks, they offer an assortment of beverage



ages; orange juice, apple juice, watermelon juice, carrot juice, orange mix, honeydew and coconut water...the works.

Outlet manager Jin Yong invites customers to try out their western fare, uniquely served on a Chinese coffee shop. This unique setting is an identity endemic to Sabah, a land of diverse ethnic groups, culture and traditions, she says, adding that it also shows that dining on western food does not require one to be seated in a formal setting.

Enjoying food in a comfortable and friendly setting is very important, according to her and as such YS western food outlet is the best place to go for a relaxed evening with friends and family.

"We also cater to small private social function such as birthdays. Our customers need only come in and talk to us," she says, adding that the coffee shop's capacity is 70 people.

So if you have some overseas tourists who wants to dine on familiar food, that is value for money, visit YS Western food at Lintas Plaza and enjoy the fare Jin Yong and her team of workers offer.

By Anna Vivienne

**T**HERE is no dearth of restaurants and eateries for food connoisseurs in this beautiful city, Kota Kinabalu. In fact there are so many of them that these food experts can go around and still find another place in another corner of the city, where the food is exquisite and the com-

